



Aging Life Care™ Management

What is Care Management?

Care Management services involve customized coordination and assistance with decision making in a variety of areas ranging from housing and moving, to medical care and other support services. This is coordinated through a Care Manager who works with you to identify your care goals, then works to coordinate the services that allow you to meet those goals. The guidance and support of a Care Manager allows the client to optimize their quality of life and care, while reducing stress and anxiety for family caregivers.

Why First Fiduciary Corporation as Care Manager?

First Fiduciary Corporation was the first professional fiduciary in Minnesota, founded in 1969. We have nearly 50 years of experience and have built a reputation as a trusted leader in the field of fiduciary management. We have handled many complex cases and varied family situations. Our employees are held to the highest ethical and professional standards, and are amongst the most highly trained and experienced professionals working today with elderly clients. We have become a leader in all facets of care management and have forged long-term relationships within the social services community.



ABOUT US:

Facts:

- Minnesota's First Professional Fiduciary, Established in 1969
- Staff Certified as National Certified Guardians and Aging Life Care Professionals

Memberships:

- Aging Life Care Association (ALCA)
- Minnesota Association for Guardianship & Conservatorship (MAGiC)
- National Guardianship Association (NGA)

LOCATIONS:

ST. PAUL (Main)

4120 Lexington Way
Eagan, MN 55123
(651) 452-1512

MINNEAPOLIS

3517 W. 50th Street
Minneapolis, MN 55410
(612) 332-1969

www.FFCorp.com



Care Management services can include, but are not limited to:

Living at Home

Coordination of services to support you in your home. We will identify the best service providers from a network of trusted professionals we've developed over many years serving clients. This may involve one or more of the following types of providers: home health care agencies, home contractors and maintenance services, housekeeping providers and specialty services (such as assessments for mobility and safety in the home).

Moving and Housing Choices

Assistance with housing and moving transitions. We will work with you and your family to identify the optimal living situation to meet your unique needs. We forge relationships with services that can help you sort personal belongings and hire movers who specialize in working with the elderly.

Managing and Maintaining Health

Coordination and assistance with medical and social needs. Care Managers interface with health care providers and advocate for our clients. We can assist with making and attending routine and specialty medical appointments. We can also identify and coordinate resources for recreational and social opportunities. This can include assessment of the best fit for clients based on their health status and preferences.

Financial, Legal and Insurance Matters

Assistance and coordination with financial, legal and insurance needs. Financial services can include paying bills and coordination with your Power of Attorney or financial team, to fit your needs and your personal situation. We also have a wide referral network of elder law attorneys or other legal experts you may need. We can help assess the appropriateness and fit of health insurance plans and help you apply for Medicare and other federal and state benefits.



Please call us at (651) 452-1512 for more information or to set up a meeting to discuss your needs.

*Minnesota's First Fiduciary
— Trusted Since 1969*

